

SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School

Breakfast and Lunch Menu May 2025



Alternate Cereal, Oatmeal or Parfait Available daily for Breakfast

Breakfast and Lunch Served with variety milk choice

| | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|-------------------------------|
| | • | Sallisaw Public Schools is | A A | • |
| 001100 | | proud to announce that | A A | |
| SCHOO. | | Breakfast and Lunch will be | | |
| | | served FREE to Liberty, | | |
| <i>)</i> . ~ | | Eastside,Sallisaw Middle | | |
| A AMO | MRSS | School and Sallisaw High | | |
| | S S | School students for the 2024- | | |
| | | 2025 school year. | | |
| 28 | 29 | 30 | 1 | 2 |
| Biscuits and Gravy | Pancakes | Donut Holes | Breakfast Pizza | Biscuits and Gravy |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Juice, Milk | Juice, Milk | Juice, Milk | Juice, Milk | Juice, Milk |
| Hamburger | Cheesy Chicken | Popcorn Chicken | Orange Chicken | Sub Sandwich |
| | Nachos | | | |
| French Fries | Pinto Beans | Mashed Potatoes & Gravy | Ramen | Lettuce,Tomato and Pickles |
| Fresh Fruit and Vegetable Bar | Salsa | WG Hot Roll | Roasted Veggies | Doritos |
| Diamond Cookie | Fresh Fruit and Vegetable Bar | Corn | Fresh Fruit and Vegetable Bar | Fresh Fruit and Vegetable Bar |
| Milk | Milk | Fresh Fruit and Vegetable Bar | Fortune Cookie | Jello |
| | | Milk | Milk | Milk |
| Corn Dog/Veggie | SAME | Chicken Nuggets/Potato | SAME | Pizza/Salad |
| 5 | 6 | 7 | 8 | 9 |
| Biscuits and Gravy | Waffles | Chefs Choice | Breakfast Boat | Biscuits and Gravy |
| , Fruit | Fruit | Fruit Chef | Fruit | Fruit |
| Juice, Milk | Juice, Milk | Juice, Milk | Juice, Milk | Juice, Milk |
| Tacho's | California Chicken | Chefs Choice | | |
| | Flatbread | | Macaroni and Cheese | Frito Chili Pie |
| Pinto Beans | Strawberry Spinach Salad | | Little Smokies | Shredded Cheese |
| Chips and Salsa | Fresh Fruit and Vegetable Bar | | Green Beans | Corn |
| Fresh Fruit and Vegetable Bar | Sugar Cookie | hek | WG Biscuits | Fresh Fruit and Vegetable Bar |
| Milk | Milk | | Fresh Fruit and Vegetable Bar | Ice Crem |
| | | | Milk | Milk |
| SAME | Corn Dog/Veggie | SAME | SAME | Pizza/Salad |
| | 13 | | | 16 |
| 12 | 10 | 14 | 15 | 10 |
| 12 Biscuits and Gravy | French Toast Sticks | 14 Long John Donut | 15 Biscuits and Gravy | - |
| | | | | SHS Graduation |
| Biscuits and Gravy | French Toast Sticks | Long John Donut | Biscuits and Gravy Fruit Juice, Milk | · |
| Biscuits and Gravy Fruit | French Toast Sticks Fruit Juice, Milk | Long John Donut Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk (Nos-Hast | · |
| Biscuits and Gravy Fruit Juice, Milk | French Toast Sticks Fruit | Long John Donut Fruit | Biscuits and Gravy Fruit Juice, Milk | · |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese | French Toast Sticks Fruit Juice, Milk | Long John Donut Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk (Nos-Hast | · |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese Sauce | French Toast Sticks Fruit Juice, Milk Pizza | Long John Donut Fruit Juice, Milk Chicken and Waffles | Biscuits and Gravy Fruit Juice, Milk War-Hoof LAST: DAY School | SHS Graduation |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese Sauce Refried Beans | French Toast Sticks Fruit Juice, Milk Pizza Sweet Corn | Long John Donut Fruit Juice, Milk Chicken and Waffles Strawberries | Biscuits and Gravy Fruit Juice, Milk Was Hood LAST: DAY School Corn Dog Sack Lunch | - |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese Sauce Refried Beans Chips and Salsa | French Toast Sticks Fruit Juice, Milk Pizza Sweet Corn Pasta Salad | Long John Donut Fruit Juice, Milk Chicken and Waffles Strawberries Syrup Cup | Biscuits and Gravy Fruit Juice, Milk Wee-Heer LASTIPAL Corn Dog Sack Lunch Fruit and Veggie | SHS Graduation |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar | French Toast Sticks Fruit Juice, Milk Pizza Sweet Corn Pasta Salad Fresh Fruit and Vegetable Bar | Long John Donut Fruit Juice, Milk Chicken and Waffles Strawberries Syrup Cup Potato Smiles | Biscuits and Gravy Fruit Juice, Milk Westless LAST POS LAST POS Corn Dog Sack Lunch Fruit and Veggie Cookie | SHS Graduation |
| Biscuits and Gravy Fruit Juice, Milk Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Oatmeal Raisin Cookie | French Toast Sticks Fruit Juice, Milk Pizza Sweet Corn Pasta Salad Fresh Fruit and Vegetable Bar Milk SAME | Long John Donut Fruit Juice, Milk Chicken and Waffles Strawberries Syrup Cup Potato Smiles | Biscuits and Gravy Fruit Juice, Milk LASTINAS SCHOOL Corn Dog Sack Lunch Fruit and Veggie Cookie Milk SAME | SHS Graduation |